is a blessing to watch the people who serve our country pass legislation. I have a newfound respect for the Congress of this nation. This program is perfect for me. Young people are asked what they want to be when they grow up, and I always had no idea, so I would fabricate one of the many formulated answers and say something like a doctor or a lawyer, not really knowing exactly what I was saying. Now I think I know. Just like Members of Congress, I want to devote my life to service and make a difference in the world. I would to be an Ambassador and work with different institutions around the world to make a change. Change to bring my home country of Eritrea, and bring its people, my people out of the straggling chokehold of poverty, to bring peace to the border conflict between Eritrea and Ethiopia. People of these countries are the same: they share the same religion, culture, and values, divided only by politics.

A quote from George Bernard Shaw describes exactly how I feel:

"This is the true joy in life, the being used for a purpose recognized by yourself as a mighty one: the being a force of nature instead of a feverish selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy. I am of the opinion that my life belongs to the whole community and as long as I can live it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die, for harder I work the more I live, I rejoice in life for its sake".

All this would not be possible without One World Now. Ms. Kristin Havden nominated me to Congressman Jim McDermott, Democrat from the Seventh Congressional District of Washington State. When I was lucky enough to get into the program. I was then one of ten Pages selected to stay for a second semester to be a role model for the new Pages who were coming in for the Spring Session.

While in DC, I have thought about my summer a great deal. I would like to travel to China on a One World Now scholarship. I know this will be a fantastic. I am truly excited about traveling this summer. I will never forget what One World Now scholarships have offered me. Opportunities like these don't come every day, and One World Now isn't just an every day occurrence. I can guarantee you that Kirstin Hayden is talented and passionate; able to speak Russian and being a great entrepreneur that started this extraordinary program from scratch.

This program started five years ago at Ingram High School, with one language, Chinese, and twelve students. Now this program has extended itself to Garfield, Cleveland, Roosevelt, Rainier Beach, and Franklin High Schools—six different schools! I hope that it can continue to spread and impact many other high school students and make the difference in their lives as it has made in my

This reminds me of an anecdote. It is about a young man who tries to make a difference in the world:

It was high tide and there were thousands of Starfishes washed up ashore, and a man saw a young man throwing star fish back

into the sea, and asked "What are you doing?"

The young man paused, looked up and replied. "Throwing Starfish back into the ocean."

"I guess I should have asked; why are you are throwing Starfish into the ocean?" said the bystander.

"The sun is up and the tide is going out and if I don't throw them in they'll die.'

The young man said. "But don't you realize that there are miles and miles of beach and Starfish all along it, you can't possibly make a difference!"

The young man listened politely, then bent down, picked up another Starfish and threw it into the sea, past the breaking waves. "It made a difference for that one."

One World Now is the young man making a difference in students' lives. I am an example of that difference being made. And guess what? I am going to make a difference in others lives also. One World Now makes its difference in a very unique way, I think this is why One World Now is so great! It empowers those, like me, who have found their commitment in life. One World Now is worth supporting. One World Now is worth attending. It's lasting legacy, it's gifts to Seattle and to the Nation, are the gifts of students like me. As I grow older and wiser, I realize that the more I serve my community, I change myself for the better, and I am also changing the world.

INTRODUCTION OF H.J. RES. 90, COMMENDING THE BARTER THE-ATRE ON THE OCCASION OF ITS 75TH ANNIVERSARY

HON. RICK BOUCHER

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Monday, June 9, 2008

Mr. BOUCHER. Madam Speaker, I rise today to introduce a resolution commending the Barter Theatre on the occasion of its 75th anniversary. It is the longest continuously functioning live stage theater in the U.S.

The Barter Theatre is located in my hometown of Abingdon, Virginia. It was founded in 1933. In the midst of the Great Depression, money was difficult to obtain, and families were reluctant to use it on such a luxury as a theater performance. Yet founder Robert Porterfield offered a novel solution: Patrons could view live theater performances in exchange for fresh produce or livestock. This successful "ham for Hamlet" arrangement inspired the name, "Barter Theatre."

In its 75 years of existence, the Barter Theatre has established itself as a favorite destination for regional, national, and international visitors. Its popularity prompted the Virginia General Assembly in 1946 to designate the Barter Theatre as the State Theater of Virginia.

As a premiere tourist attraction in southwest Virginia, the theatre makes a significant economic and cultural contribution to the region. The town of Abingdon and its surrounding localities benefit from the theatre's ability to attract more than 145,000 guests annually to its productions.

The Barter Theatre is also a valuable educational resource, reaching thousands of children each season through its productions at Barter and Barter Stage II. Additionally, the Barter Players, the touring company of the theatre, travels to eight States each year performing at schools and community venues. Recently, Barter has created and implemented an innovative internet educational program which teaches students about artistic and technical theatrical elements using a Webbased interactive program available to classrooms across the region. This program exposes students to a side of a theatrical production that they might not have experienced otherwise.

I commend and congratulate the Barter Theatre for its contributions to our region and for its many successes over the past 75 years. Passage of the resolution I have introduced commending the theater will be a fitting tribute to its many years of cultural contribution.

INTRODUCTION OF THE COMMER-ADVERTISEMENT LOUD-NESS MITIGATION ACT

HON. ANNA G. ESHOO

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Monday, June 9, 2008

Ms. ESHOO. Madam Speaker, most Americans are not overjoyed to watch television commercials, but they are willing to tolerate them to sustain free over-the-air television. What annoys all of us is the sudden increase of volume when commercials are aired.

While the FCC does not specifically regulate the volume of TV programs or TV commercials, broadcasters are required to have equipment that limits the peak power they can use to send out their audio and video signals. This means the loudest TV commercial can never be louder than the loudest part of any TV pro-

A TV program has a mix of audio levels. There are loud parts and soft parts. Nuance is used to build the dramatic effect. Most advertisers don't want nuance. They want to grab our attention, and to do this, they record every part of it as loud as possible. The peak levels of commercials are no higher than the peak levels of program content, but those peaks are sustained for longer periods in commercials.

I've introduced the Commercial Advertisement Loudness Mitigation Act, CALM Act, to address the volume of commercials. The bill would mandate that the FCC within one year enact rules requiring that advertisements not be excessively noisy and that they must be at the same volume as the television programming they accompany.

I urge my colleagues to cosponsor this sensible bill.

RECOGNIZING THE RETIREMENT OF POLICE LIEUTENANT MONTY A. SHIPP FROM THE FAIRFIELD POLICE DEPARTMENT

HON. ELLEN O. TAUSCHER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Monday, June 9, 2008

Mrs. TAUSCHER. Madam Speaker, I rise to recognize Police Lieutenant Monty A. Shipp who faithfully served the residents of the cities of Fairfield and Concord since 1981.

Prior to becoming a police officer, Lieutenant Shipp served 4 years in the United States Air Force from December 1977 to December 1981. Upon receiving an honorable discharge with an Air Force Commendation Medal and a Good Conduct Medal, Lieutenant Shipp continued his service to his country and community by joining the Concord Police Department.

Lieutenant Shipp served with the Concord Police Department for 4 years before being hired by the Fairfield Police Department. He showed considerable talent and promise and was promoted to Police Sergeant on March 23, 1990. His contributions to the police department could be seen in a variety of ways